



# PLEXUS GASTRO PLLC

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### How Will I Know if My Prep Is Working?

You can tell your bowel preparation is complete by judging the appearance of your stool. The stool coming out should look like the stuff you are eating and drinking—clear, without many particles. You will know you're done when the stool coming out is yellow, light, liquid, and clear—like urine. Use the photo as a guide!



1. Dark and murky. **NOT OK**
2. Brown and murky. **NOT OK**
3. Dark orange and semi-clear. **NOT OK**
4. Light orange and mostly clear. **ALMOST THERE!**
5. Yellow and clear, like urine. **YOU'RE READY!**